



# Billanook College

## Spring/Summer Menu | 2018/2019

### LUNCH ORDERS MUST BE AT THE CAFE BY 10.30AM

PLEASE USE A LARGE PAPER BAG AND WRITE CLEARLY

STUDENT'S NAME, HOMEGROUP, FOOD ORDER, TOTAL COST AND AMOUNT TENDERED

#### BAGUETTES/ WRAPS (Full or half serve)

Pumpkin, feta, mayo, relish & mesclun .....	F \$6.50 / H \$3.50
Meat & salad (ham or chicken or beef) .....	F \$6.50 / H \$3.50
Cheese & salad .....	F \$6.50 / H \$3.50
Chicken avocado & mayo .....	F \$6.50 / H \$3.50
Turkey, cranberry, mesclun, brie & mayo .....	F \$6.50 / H \$3.50

Gluten-free wraps available at no extra cost.

Fillings low gluten

#### SALADS (Large or small)

(including dressing)

Fresh garden salad - chicken and avocado (LG) L	\$7.80 / S \$4.00
Fresh garden salad -egg and cheese (LG) .....	L \$7.80 / S \$4.00
Greek salad (LG) .....	L \$7.80 / S \$4.00
Fresh garden salad with tuna (LG) .....	L \$7.80 / S \$4.00
Salad of the day .....	L \$7.80 / S \$4.00

(changes daily - check on Flexischool)

#### ROLLS & SANDWICHES

Salad (carrot, cucumber, tomato & lettuce) .....	\$4.00
Cheese & salad (available in LG wrap) .....	\$4.50
Ham or chicken or turkey & salad (available in LG wrap) .....	\$5.30
Chicken & avocado .....	\$5.00
Chicken, lettuce & mayonnaise (available in LG wrap) .....	\$5.00
Turkey, cranberry, lettuce .....	\$5.00
Tuna mix & lettuce .....	\$5.00
Egg or curried egg & lettuce .....	\$5.00
Ham, cheese & tomato .....	\$4.20
Cheese .....	\$3.80
Vegetemite .....	\$3.80

#### EXTRAS

Avocado, cheese, beetroot, pineapple .....	\$0.80
Mayo, mustard, pickles, chutney, cranberry .....	Free

#### SUSHI

(Pack of 2) including soy

Prawn .....	\$5.80
California .....	\$5.80
Fresh salmon .....	\$5.80
Vegetarian .....	\$5.80
Cooked tuna .....	\$5.80
Teriyaki chicken .....	\$5.80
Teriyaki mushroom .....	\$5.80
Seaweed salad .....	\$5.80

Please indicate if you would like wasabi, ginger or extra soy sauce.

#### HOT VEGETARIAN

Cauliflower & cheese pie .....	\$5.00
Okka cheese & spinach roll .....	\$5.00
Hot cheese and tomato roll .....	\$4.00
Margarita pizza .....	\$5.00
Wholemeal vegetable pastie .....	\$4.20
Spinach & ricotta roll .....	\$4.00
Spinach ricotta cannelloni .....	\$4.20

#### HOT FOOD

Hot dog (sauce 30c extra) .....	\$3.20
Hot ham & cheese roll .....	\$4.00
Hot ham, cheese & pineapple roll .....	\$4.50
Hot ham, cheese & tomato roll .....	\$4.50
Hot roast chicken roll (gravy 20c extra) .....	\$4.20
Lasagne (Beef) .....	\$4.20
Party Pie .....	\$1.20
Pasta (Bolognese) .....	\$4.20
Pizza (Hawaiian, Ham & Cheese) .....	\$5.00
Pie .....	\$3.90
Shepherds Pie .....	\$4.50
Sausage Roll .....	\$3.00
Okka beef & cheese pie .....	\$5.00
Okka butter chicken curry pie .....	\$5.00
Okka sausage roll .....	\$3.80

#### JAFFLES

Baked Beans & cheese .....	\$4.00
Spaghetti & cheese .....	\$4.00
Ham, cheese & tomato .....	\$4.20
Ham & cheese .....	\$4.00
Cheese .....	\$3.80
Cheese & tomato .....	\$4.00

#### LOW GLUTEN (LG Order Only)

Meat Pie .....	\$5.80
Shepherds Pie .....	\$5.80
Spinach & Ricotta Roll .....	\$5.00
Lasagne (Beef) .....	\$4.50
Sausage Roll .....	\$5.00
Sauce - Tomato .....	\$0.30

Order online : [www.flexischools.com.au](http://www.flexischools.com.au)

(LG) = Low Gluten



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### YOGHURT 97% FAT FREE

#### With:

Berries (LG) .....	\$3.20
Passionfruit (LG) .....	\$3.20
Mango (LG) .....	\$3.20

Muesli may be added at no extra cost but is not low gluten.

### FRUIT

Piece of fresh fruit .....	\$1.20
Fresh fruit salad .....	\$4.00
Strawberries .....	\$4.00
Fruit salad with yoghurt .....	\$4.50
Strawberries with yoghurt .....	\$4.50

### CAKES AND BUNS

Homemade Choc Chip biscuit 100g .....	\$3.20
Apple Scroll .....	\$3.20
Cheesy Mite Scroll .....	\$3.00
Custard Tart .....	\$3.20
Muffins (Apple, Blueberry, Raspberry White Choc) .....	\$3.80
Muesli Slice (Homemade) .....	\$3.00
Apple Slice .....	\$3.20
Vegan Chocolate Cake (Home made) .....	\$3.20
Lamington .....	\$3.20

### MISCELLANEOUS

Popcorn (Salt) .....	\$2.00
Red Rock Deli chips (Sea Salt, Honey Soy) 28g .....	\$1.50
Red Rock Deli Chips (Honey Soy, Sweet Chilli & Sour Cream) 45g .....	\$2.50
Corntos (Cheese, BBQ) 20g .....	\$1.20
Gingerbread Bears .....	\$2.20
Tiny Teddies .....	\$1.20
Delites (Salt & Vinegar) (Gluten Free) 20g .....	\$1.20
Shapes (BBQ) .....	\$2.50
Doritos (Cheese Supreme) 45g .....	\$2.50
Smiths potato chips (Plain, Salt & Vinegar) 45g .....	\$2.50

### MILK

Big M (Strawberry, Chocolate) 300ml .....	\$2.80
Big M (Iced Coffee, Chocolate) 600ml .....	\$3.80
Big M (Strawberry) 500ml .....	\$3.80
Dare Iced Coffee .....	\$3.80
(Expresso, Double Expresso, Mocha) 500ml	

### HOT DRINKS

Hot Chocolate .....	\$3.00
Chai Latte .....	\$3.00

### COLD DRINKS

Slushie 99% Fruit Juice .....	L \$4.00 / S \$2.50
Daily Juice (Orange, Cloudy Apple) 500ml .....	\$3.80
Pop Top (Orange, Apple, Apple & Blackcurrant) 250ml .....	\$2.20
Glee 250ml (Raspberry, Bubblegum, Tropical, Blackcurrant) .....	\$2.20

### ICE TEA NATURALLY BREWED

Lemon, Citrus, Peach, Mango 500ml .....	\$3.80
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### FREEZER

Quelch Juice Stick .....	\$0.60
Frozen Pineapple Ring .....	\$0.50
Paddle Pop (Rainbow, Chocolate) .....	\$1.60
Pine/Lime Spice .....	\$2.80
Paddle Pop Icy Twist (Lemonade) .....	\$1.20
Calippo Mini (Raspberry/Pineapple) .....	\$1.30
Shaky Shake choc cup .....	\$2.40
Cyclone .....	\$2.50

The Cafe at Billanook College is a nut free cafe. We also cater for students and staff who have allergies such as gluten intolerance, dairy, vegetarian etc.

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